FISH AND SHELLFISH STOCK

LOW FAT CONTENT

Ideal for enhancing the flavour of fish-based dishes, for creating soups, sauces, risotto with shellfish or to add flavour to frozen fish. The granular, soluble form, made with dehydrated shellfish and fish, optimises product conservation, preventing the formation of mould and microorganisms. The addition of vegetables makes the product particularly versatile to use, adding a delicate aroma to food. The fish and shellfish stock line is supplied in a granular form in two formats (small and Catering). The product does **not contain preservatives** and is **gluten free**, and is therefore suitable for people with coeliac disease.

A CERTIFIED GLUTEN FREE PRODUCT

Ingredients - granular product gluten free:

- salt
- lactose
- flavour enhancer: monosodium glutamate 20%
- dehydrated fish and shellfish in varying proportions 3.7%: (cod, shrimp, anchovies)
- dehydrated vegetables in varying proportions 1.8%: (onion, carrot, garlic, celery)
- vegetable protein broth extract 1.5%
- Flavouring
- refined palm oil
- acidity regulator: citric acid
- parsley 0.2%
- bay leaf 0.06%
- natural aroma of paprika 0.03%

May contain traces of soy

Average nutritional values for 100 gr of granular product:

Kcal	572 kJ/135 kcal	Fibres	0.3 g
Fats	1.0 g	Proteins	3.8 g
of which saturated fatty acids	0.3 g	Salt	46.5 g
Carbohydrates	27.5 g		
of which sugars	24.5 g		